## **Dear Parent / Guardian**

One of the benefits of the current lockdown is the opportunity for learners to learn from home. Science is a diverse and practical subject which learners can benefit from even in the home set up.

The Activity for this week is to:

- -Allow the learners to look for an elastic band or spring
- -Identify that the elastic band or spring has stored up energy
- -This energy can be released once the band/string is stretched
- -Movement energy is released
- -Allow the learners to make a catapult
- -Observe the energy changes that take place when the catapult moves a stone

Remember that, "Change is the only constant".

Thank you. Have a wonderful week

Justine

**NECT** 





